

Subject: I like coffee! and other important OSTU messages

From: OSTU President <lp67@bctf.ca>

Date: 3/6/2023, 11:27 AM

To: <keith@ostu.ca>

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OSTU News

#11 – March 2023



How do I contact **the OSTU People?!**

All the folks who do OSTU work have a union email account.

It doesn't matter if the person changes, the contact information for the role stays the same.

Here's the list of emails for these OSTU roles:

President - lp67@bctf.ca

Pro-D Chair - pd67@bctf.ca

1st Vice-President - ostuvp@outlook.com

Mentorship Coordinator - ostumentorship@outlook.com

Please note: We do this work at the OSTU Office. The # is 250-492-4915.

It may help to save the contact as the name of the role rather than the name of the person. For example, in your contact list name the President email as "OSTU President" rather than "Alicia Moura." That way when I win the lottery and retire early, you can still email the same address to connect with the next Prez.

Reminder: the OSTU Prez is on leave from the school district to work full-time at the OSTU office. So emailing or phoning my district accounts will not work as I don't monitor them.

Remedy In-lieu days REMINDER

These days are kept at the OSTU office, so you won't find a record of them on your paystub or in Atrieve. Please call the OSTU Office, or email keith@ostu.ca, if you forget how many days you have left, if any.

"OSTU allocated days" is the code you use in Atrieve when booking. In the comments write "remedy in-lieu day."

Book these days ASAP as they won't roll-over and can't be gifted.



Teachers are passionate and caring people. We put so much of ourselves into the work we do to make schools the best possible places for our students to come every day. With that passion comes a lot of emotion. No one knows highs and lows in the workplace like we do. In those low-points it can be easy to get caught up in frustration or sadness or anger.

This is your gentle reminder that we must always speak to the other adults in our school system with a professional tone and using professional language. If you ever find yourself in a situation where you become overwhelmed and are at risk of acting or speaking unprofessionally, please excuse yourself from the conversation. It is better to walk away than to risk unprofessional conduct.

I have a coffee card for the first person to email me and tell me why I said I will retire early.



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